

Dr. Ed Turose

America's Focus Coach

Equipping Generation Z, Leaders, Schools, Businesses, and Organizations to Discover Purpose, Build Leadership, and Win in the Workplace.

About Dr. Ed Turose

Dr. Ed Turose is a speaker, trainer, coach, and educator with over 37 years of Fortune 100 leadership and training experience. Through Focus Life Institute, he equips students, leaders, businesses, and organizations with practical leadership, focus, interpersonal, and workplace success skills.

Signature Speaking Topics

- **Preparing Gen Z to Win in the Workplace Through The HEROES Effect:** Developing Honor, Excellence, Responsibility, Order, Expectation, and Servanthood to create stronger leaders, students, teams, and organizations with the workplace readiness skills needed to thrive in today's workforce.
- **The Power of Focus:** Teaching individuals how to eliminate distractions, create focused environments, and develop disciplined execution for personal and professional success.
- **The Power of Interpersonal Skills:** Helping people strengthen the top 10 essential interpersonal skills of communication, collaboration, conflict resolution, confidence, decision-making, problem solving, time management and relationship-building skills employers value most.
- **Leadership & Personal Transformation:** Training leaders and organizations to improve culture, communication, accountability, and performance through behavioral and leadership development systems.

Organizations & Audiences Served

- Colleges, Universities, and High Schools
- Businesses & Corporate Teams
- Churches & Ministries
- Youth Organizations
- Recovery & Reentry Programs
- Leadership Teams

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Speaker • Trainer • Coach